



INDY AESTHETICS

GET IN TOUCH

CONTACT INDY TODAY

078 776 65455

IndyAesthetics.co.uk

 [@IndyAesthetics](https://www.facebook.com/IndyAesthetics)  [@IndyAesthetics_](https://www.instagram.com/IndyAesthetics)

CONTENTS

About Indy Aesthetics.....	4-5
Consultation.....	6
Chemical Peels.....	7
Professional In Clinic Treatments.....	8-9
Injectables.....	9-10
Venus Viva - Skin Resurfacing Treatment.....	11-12
Party Packages.....	13





ABOUT INDY AESTHETICS

Since qualifying as a midwife in 2013, I have grown to love for aesthetics. Having suffered from hormonal acne throughout my 20s, I set to work to manage my own skin and just fell in love with everything to do with skin. My career has taken me on a journey that has included a variety of high-risk roles. I initially trained as a Midwife and then First Aid trainer/assessor. I have completed Pro training with Alumier MD and am finalising my Level 7 master's degree in Medical Aesthetics alongside a Level 4 in cosmetic dermatology, with HarleyAcademy London.

I am committed to clean science, quality products, exceptional services and incomparable patient care. This keeps my wonderful patients coming back again and again. I strongly believe in continuous development and attends several training courses a year to update my skills. I am a member of ACE group - Aesthetics Complication Expert group, ensuring I remain safe and knowledgeable. I am also a member of The Cosmetic Redress Scheme (CRS). I believe in patient safety first and foremost, and am also a member of the JCCP - Joint Council of Cosmetic Practitioners. These are nonmandatory authorities that support and inspect clinical practice as non-profit organisations for public safety in the UK. The JCCP promotes facial Aesthetics by registered Medical professionals only and has been instructed by the Department of Health (DOH) and NHS England.

I am fully insured to complete aesthetic clinics anywhere in the UK with Westminster Insurance and I am legally responsible and accountable to you as a Medical Professional. I believe in offering the whole journey with cosmetic procedures from start thorough to consultation and assessment of your face/body. Followed by, agreement of treatment plan, treatment and finally, a follow up to complete your treatment journey. You do not need to see more than one person as I am trained, qualified and insured to complete your treatments. As a trained medical professional I am also able to manage any rare but possible complications including emergency drugs. From the moment I meet you I will assist you medically throughout your whole journey with Indy Aesthetics.



HOME SKINCARE CONSULTATION

Discuss all your skin needs and/or concerns completely free of charge online or in person! Create an individual plan and get the results you want from combining home skincare and in clinic treatments. Following your consultation, login to my online portal using my unique online shop code H7WM3BTM. See my recommendations and you can order at your leisure to your doorstep, or feel free to ship it to me and I will keep it safe for collection.

CHEMICAL PEELS

Chemical peels improve skin texture and firmness, decreasing fine lines and wrinkles. Peels also even out skin tone, improve acne-prone skin and reduce pore size appearance.

GLOW PEEL.....£55

(Dry, Normal, Oily, Dehydrated, Acne, Hyperpigmentation & Ageing) Glow Peel combines lactic acid, salicylic acid and resorcinol, creating a multipurpose resurfacing solution effective in minimizing the appearance of fine lines, wrinkles and hyperpigmentation issues like age spots, discoloration and uneven skin tone. This formula exfoliates dead skin cells and stimulates cell renewal. To suit individual needs, Glow Peel can be customized by strength by numbers of layers.

RADIANT 20/10.....£55

(Acne, hyperpigmentation, uneven skin tone, congestion, open pores & oiliness) With lactic and salicylic acid, radiant 20/10 resurfacing peel contains a powerful combination of them both which improves skin tone and texture by exfoliating dead skin cells and speeding cell turnover. The multipurpose resurfacing peel reduces acne pimples and minimizes the appearance of fine lines and wrinkles, large pores, hyperpigmentation and sun damage. Customized by strength by numbers of layers.

RADIANT 20/10.....£55

Containing Lactic Acid proven to decrease the signs of ageing and Hyperpigmentation. It exfoliates dead skin cells and enhances cell turnover to improve skin texture, including reducing the appearance of fine lines and wrinkles.

PROFESSIONAL IN CLINIC TREATMENTS

Come into clinic for a professional treatment, performed by a skin pro, using a range of high-end products. Whether you are looking for a little glow up or, if you're starting your personal journey to manage skin concerns. This treatment list has something for everyone. During your consultation we will discuss a personalised treatment plan, to ensure you get the best results.

DETOX CLEAR.....£55

Combination to reduce the signs of acne, minimise pore appearance and brightens skin. Containing a hero duo (Salicylic acid and lactic acid) designed to penetrate and exfoliate the pores, this treatment is a fantastic treatment for a little detox.

VITAMIN A BOOST.....£55

Vitamin A Boost is a pure retinol and lactic acid resurfacing treatment. It reduces the signs of fine lines, wrinkles hyperpigmentation and acne skins. It increases cell turnover, creating a more radiant and even-toned complexion. This is a brilliant double action treatment that can be used on its own or together with other treatments.

ENZYME RETEXTURING TREATMENT.....£45

This treatment is amazing for that 'red carpet' look. By exfoliating dead skin cells and promoting skin renewal to minimise the appearance of fine lines, wrinkles and hyperpigmentation. Great for a more 'instant' result for that special day or night

REFINING CLAY MASK.....£45

Contains calming and soothing ingredients that draw out oil, dirt and toxins, and stimulate cell renewal for a clearer more radiant complexion. Beraclay, lactic acid and fruit and protein enzymes exfoliate and draw out impurities, while Canadian Willowherb, aloe and green tea soothe and protect.

AQUA INFUSION FACIAL.....£45

This mask is designed to ensure your skin naturally retains moisture reducing the signs of ageing. With a powerhouse ingredient 'Sea Whip' we can soothe irritation and improve the skins barrier function. Great for those dry or summer days. Dry acne or Rosacea patients that experience a 'dryness' report they love this drink for your skin.

DEEP MOISTURE MASK.....£45

Deep moisture mask infuses moisture into dehydrated, sensitive and inflamed skin. A wonderful set of ingredients including sodium hyaluronate and vitamin B5 lock in moisture, while arnica and shea butter soothe and calm sensitive or irritated skin. Results of this mask are a hydrated, plump glowing skin.

EXPRESS LUXURY FACIAL.....£55

Deep cleanse in express. The AlumierMD Express Luxury Facial is the best choice for those who need a deep cleanse but do not have a lot of time. It combines high performing active ingredients with a thorough deep cleanse to address your skin concerns. This experience includes a lymphatic drainage massage that will help release toxins in the skin while relaxing the body and mind. As your highly trained AlumierMD skin care professional I will customise your treatment, which will leave you looking incredibly radiant and feeling refreshed and balanced.

LUXURY FACIAL.....£80

Give your face the ultimate unique and relaxing experience. The AlumierMD Luxury Facial is a unique experience that combines relaxation with high performing active ingredients to address your skin concerns. Get ready to relax and let go as you receive the ultimate in customisation and relaxation. This treatment includes a facial massage, lymphatic drainage and pressure point massage that will help release toxins in the skin and soothe pain while relaxing the body and mind. As your highly trained AlumierMD skin care professional I will customise your treatment, which will leave you looking incredibly radiant and feeling refreshed

DERMAPLANING – DEEP SKIN EXFOLIATION.....£45

Remove peach fuzz and dead skin cells from the surface of the skin. The results are incredibly smooth, glowing skin and a reduction in fine lines and wrinkles, make up application glides onto the skin post treatment. - Provides deeper product penetration - Removes soft facial hair that traps dirt and oils - Promotes smoother skin - Safe procedure for removing dead skin cells and "peachfuzz" - Reduces the appearance of acne scars - Diminishes the look of fine lines - Works on all skin types - Instant results and no downtime Great treatment when used with Chemical Peels. Dermaplaning helps your skincare products penetrate deeper and get results quicker.

INJECTABLES

All consultations are £30 initially.

LIP AUGMENTATION

0.5ml.....£135
1ml.....£200

CHEEK BONE ENHANCEMENT

1ml.....£260
2ml.....£380

ANTI-WRINKLE INJECTIONS

£35 upfront payment for prescription followed by treatment price:

One area.....£160
Two areas.....£200
Three Areas.....£240

JAWLINE DEFINITION

2ml.....£350
3ml.....£500
4ml.....£750

NOSE TO MOUTH LINES

One Size.....£240

MOUTH TO CHIN LINES

One Size.....£240

VITAMIN B12 SHOT

Initial treatment (includes prescription).....£60
5-week programme
Single shot (after 1st treatment.....£35 per shot)
Package price (5-week programme).....£160.00
(Saving £40)





SKIN BOOSTER INJECTIONS.....£250

Skin Booster is used for skin remodelling and treating skin laxity, not for just filling lines and wrinkles. It delivers dramatic improvement in tissue quality, even in challenging areas, and is complementary to other aesthetic treatments and dermal filler procedures. From £250 per session. If you wish to book a package there will be a package discount applied to the total.



VENUS VIVA – SKIN RESURFACING TREATMENT

Nano Fractional Radio Frequency

The Venus Viva combines NanoFractional Radio Frequency (RF) and SmartScan technology into a system that delivers proven results through a skin heating process that offers minimal discomfort to the patient. Venus Viva designed for use in dermatological procedures for ablation (removal) of soft tissue and resurfacing of the skin. The unique system allows the technician to manually control ablation and coagulation for enhanced treatment efficiency and patient comfort. The use of NanoFractional RF delivers energy through the epidermis, to the dermis, to generate heat and initiate skin change, rebuilding collagen and fibroblast stimulation, all resulting in tissue remodelling. Because the system is "colour blind" meaning it has no laser or light to it, the Venus Viva allows for all skin types and locations (except eyelids and lips) to be treated. Benefits of this treatment include the reduction of wrinkles, skin laxity, scars, acne scars, pores, textural irregularities, tone, and superficial skin lesions.

ACNE SCARRING.....£195	SCAR REVISION.....FROM £100
3 x Treatments (SAVE £95).....£490	3 x Treatments (SAVE £50).....£250
PIGMENTATION (FULL FACE).....£125	ROSACEA (FULL FACE).....£195
3 x Treatments (SAVE £75).....£375	3 x Treatments (SAVE £95).....£490
VIVA COMPLEXION REJUVENATION...£155	STRETCH MARKS (DEPENDS ON SZ)...£175
3 x Treatments (SAVE £65).....£400	3 x Treatments (SAVE £75).....£450

Diamond Polar Radio Frequency Treatment

Venus Viva Diamond Polar radio frequency treatment tightens and contours the skin. It is a non-invasive, virtually pain-free procedure that creates enough thermal effect to induce collagen re-modelling. The best laser skin tightening AZ treatment stimulates the formation of new collagen and boosts the production of new elastin fibers and fibroblasts.

The result? Skin that is visibly firmer, smoother, and younger-looking.

NON-SURGICAL FACE LIFT TARGETING FINE LINES & WRINKLES (FULL FACE).....£125
8x course (2 free treatments – saving £250).....£750
NECK & DÉCOLLETAGE LIFT, TIGHTEN & SCULPT.....£80
6x treatment (2 free treatments – Saving £160).....£320
EYE POP AND BROW LIFT.....£63
6x 20 minute treatment (2 free treatments – Saving £126).....£252
HAND REJUVENATION.....£47
8x treatment (2 free treatments – Saving £94).....£282
SKIN TIGHTENING EG - UPPER ARMS.....£130
8-10 required 10 sessions (2 free treatments - Saving £260).....£780 - £1040
NON-SURGICAL LIPOLYSIS FAT DISSOLVE _ EG - UPPER ARMS.....£130
8-10 required 10 sessions (saving £260).....£780 - £1040



Sports injury - Venus Heal

We are thrilled to be announcing the launch of Venus Heal, namely because this state-of-the-art technology makes it an industry first for accelerated soft tissue healing. Whether patients are athletes with acute injuries or workers with repetitive strain injury, Venus Heal offers the newest modality and a highly advanced solution for soft tissue injuries or conditions. Using innovative RP3 technology, which synergistically combines the benefits of Multi-Polar Radio Frequency (RF), Pulsed Electro Magnetic Fields (PEMF), and massage, we can work together to aid recovery assisting rapid muscle growth and repair.

SMALL AREAS.....	£55
6x sessions (2 free treatments – saving £110).....	£220
LARGER AREAS.....	£85
6x sessions (2 free treatments – saving £170).....	£510



PARTY PACKAGES

Special Occasion Parties And Packages

So, you have the big day in the diary, and you have planned everything down to the last detail. Now it's time to prepare your skin. That is where we come in. Whether you want a course of Vitamin B12, injectables and some facials ready for the big day, we can help. Packages can be tailored to you and your needs. You may wish to have a bridal pampering party where we can make sure you and your entire party look a million dollars. More and more grooms and their parties are opting for these types of treatments. Some examples of choices are listed below. But please book in for a consultation to ensure we tailor treatments to your specific needs.

Example Packages

Course of Vitamin B12 shots (5-week programme)
Lip Augmentation (1ml)
One area of Anti-wrinkle injection
Viva Complexion Rejuvenation (3 treatments over 3 months)

Examples

Non-surgical face lift (one session)
Dermaplaning (1 session)
Neck and décolletage lift, tighten and sculpt (6 treatments)